



**RALLY FITNESS**



**ANY TIME  
ANY WHERE  
ANY PLACE**

**RALLY FITNESS**

**ACFT CATALOG**

# WELCOME TO RALLY FITNESS

A muscular man with long, dark hair is performing a push-up in a gym. He is shirtless and wearing black shorts. He is using two black hexagonal dumbbells as support for his hands. The background shows a blurred American flag and gym equipment.

## PRODUCT INDEX ARMY COMBAT FITNESS TEST (ACFT)

- HEX/TRAP BAR
- RECYCLED RUBBER BUMPER PLATES
- BARBELL COLLAR
- SLED w/ STRAPS
- 10LB RUBBER MEDICINE BALL
- 40LB KETTLEBELL
- MEASURING TAPE

Rally Fitness is a premier manufacturer of free weights and functional training equipment and accessories. Rally Fitness serves the military and commercial markets as our primary clients.

The Rally Fitness ACFT kit was created by combining items we already manufacture to meet the Army's new physical fitness training program



**ACFT**



# HEX/TRAP BAR



## RALLY TRAP BAR - NO "D" HANDLES

- Color: Black
- Product Weight: 60LB
- Length: 89"
- Width: 28.5"
- Height: 3"
- Diameter: 1.34" (Handles) | 1.91" (Sleeves)
- Knurled Handles 25" on Center
- 16" Loadable Sleeve Space
- 1.5" x 1.5" Square Tube
- Minimum Load Bearing 500lbs
- Hollow Sleeve Design
- Powder Coated Black

### SKU#

371TB

### MSRP

\$375.00

# RECYCLED RUBBER BUMPER PLATES



| WEIGHT | SKU#  | MSRP     |
|--------|-------|----------|
| 10LB   | BMP10 | \$30.00  |
| 15LB   | BMP15 | \$45.00  |
| 25LB   | BMP25 | \$75.00  |
| 35LB   | BMP35 | \$105.00 |
| 45LB   | BMP45 | \$135.00 |

## RALLY RECYCLED RUBBER BUMPER PLATES



- Made From Recycled Rubber
- Diameter: 445MM +/- 1MM
- Plate Widths: See Specs to the left
- Shore Durometer: 75
- Weight Tolerance: +/- 1%
- Stainless Steel Insert
- Collar Opening 50.44MM
- Color: Black



# BARBELL COLLAR



## RALLY FITNESS TRAP BAR SPRING COLLAR

- Designed to Work on the Rally Fitness Hex/Trap Bar
- Sold/Delivered as a Pair
- Metal 2" x 2"
- Weight: 1LB Per Pair
- Fits 1.85" - 2.10"

**SKU#**  
372CLR

**MSRP**  
\$10.00



# SLED W/ PULL STRAP



## RALLY FITNESS PULL SLED W/ STRAP

**SKU#**  
NSLED

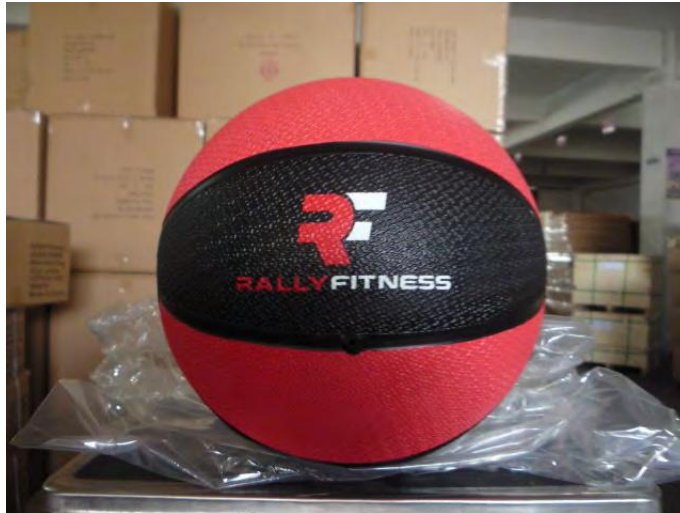
**MSRP**  
\$119.50

- Made of Thick Heavy Duty Nylon
- 23.5" L x 20.5" W
- Reinforced Padding and Stitching
- Rated to Pull Over 600LB's
- Fits Over 4 (four) 45lb Plates
- Comes with 92" Pull Strap Made of Heavy Duty Nylon (1" thick)
- Strap Contains 2 Reinforced Handles
- Affixes to Sled by 2 1/2 Diameter Ring Permanently Attached to Sled





# 10LB RUBBER MEDICINE BALL



## RALLY FITNESS 10LB RUBBER MEDICINE BALL

- Made From Solid Rubber
- 10LB Weight +/- 1%
- 9" Diameter
- Heavy Duty With Textured Grip
- Does Not Lose Shape
- Filled With Air - Not with Sand or Other Material

**SKU#**  
152MB10

**MSRP**  
\$30.00





# 40LB KETTLEBELL



## RALLY FITNESS 40LB KETTLEBELL

- Solid One Piece Cast Mold
- Made of Cast Iron
- Wide-Flat Base
- Powder Coated
- Slip Free Texture
- 40LB +/- 1%
- 12" High x 9" Diameter
- Fits Any Size Hands

### **SKU#**

367KB-40

### **MSRP**

\$75.00





# MEASURING TAPE



## 30M MEASURING TAPE

- Measures in Metric
- Blade Length: 30M
- Blade Material: Fiberglass w Vinyl/PVC coating
- Case: ABS with Rubber Grip
- Flush Folding Handle
- Open Reel
- 1/4 - 1/2 inch blade width

**SKU#**  
TAPE30M

**MSRP**  
\$35.00